

Who We Are:

- Nassau County Family Support System of Care is a partnership between Nassau County Department of Mental Health, Chemical Dependency and Developmental Disabilities Services, Nassau University Medical Center and Families Together in NYS, Inc./LIFT, Inc. promoting emotional wellness for children and their families throughout Nassau County
- A community-based, family-driven, youth-guided, and culturally competent system of care, serving children and youth ages 6 to 21 and their families
- Co-located in a Nassau University Medical Center's Westbury/New Cassel Health Center, our Family Resource Center is a direct way for families to access Nassau County Family Support System of Care

The Center Provides:

- A place where families can receive information and find support
- Education advocacy
- Mental Health Assessments
- Individualized wraparound service planning
- Support and advocacy for children, youth and families
- Family support group
- Youth groups/ youth support meetings



Family-Driven

- Families have a primary decision making role in the care of their own children as well as the policies and procedures governing care for all children in their community
- Choosing supports, services, and providers
 - Setting goals
 - Designing and implementing programs
 - Monitoring outcomes
 - Managing the funding for services, treatments, and supports
 - Determining the effectiveness of all efforts to promote the mental health and well being of children and youth



Youth-Guided

Young people have the right to be empowered and educated and are given a decision-making role in the care of their own lives as well as in the policies and procedures governing care for all youth in the community, state and nation.



Wrap@ Nassau County

Wraparound is an intensive, individualized care process that follows a series of steps for families that have complex needs. Along with our Family Resource Coordinator you can determine if Wraparound services are right for you and your family.

- Strength-based
- Team-based
- Individualized

Contact Information

Address:

161 Hempstead Turnpike
Elmont, NY 11003

Phone:

(516) 227-7380

Email:

Elmont@lift4kids.org

Operating Hours:

Monday: 8:30am to 4:30pm
Tuesday: 12 noon to 8pm
Wednesday: 8:30am to 4:30pm
Thursday: 8:30am to 4:30pm
Friday: 8:30am to 4:30pm



Nassau County



Family Support System of Care

Elmont

Family Resource Center

161 Hempstead Turnpike
Elmont, NY 11003
(516) 227-7380

