

## Who We Are:

- Nassau County Family Support System of Care is a partnership between Nassau County Department of Mental Health, Chemical Dependency and Developmental Disabilities Services, Nassau University Medical Center and Families Together in NYS, Inc./LIFT, Inc. promoting emotional wellness for children and their families throughout Nassau County
- A community-based, family-driven, youth-guided, and culturally competent system of care, serving children and youth ages 6 to 21 and their families
- Co-located in Nassau University Medical Center's NuHealth Family Health Centers, our Family Resource Centers are a direct way for families to access Nassau County Family Support System of Care

## The Centers Provide:

- A place where families can receive information and find support
- Education advocacy
- Mental Health Assessments
- Individualized wraparound service planning
- Support and advocacy for children, youth and families
- Family support group
- Youth groups/ youth support meetings

Youth-Guided

Family-Driven

Culturally Competent

Community Based



## Family-Driven

- Families have a primary decision making role in the care of their own children as well as the policies and procedures governing care for all children in their community
- Choosing supports, services, and providers
  - Setting goals
  - Designing and implementing programs
  - Monitoring outcomes
  - Managing the funding for services, treatments, and supports
  - Determining the effectiveness of all efforts to promote the mental health and well being of children and youth



## Youth-Guided

Young people have the right to be empowered and educated and are given a decision-making role in the care of their own lives as well as in the policies and procedures governing care for all youth in the community, state and nation.



## Wrap@ Nassau County

Wraparound is an intensive, individualized care process that follows a series of steps for families that have complex needs. Along with our Family Resource Coordinator you can determine if Wraparound services are right for you and your family.

- Strength-based
- Team-based
- Individualized

## Contact Information

### *Hempstead Family Resource Center*

135 Main Street  
Hempstead, NY 11550  
(516) 566-3966

### *Westbury/New Cassel Family Resource Center*

682 Union Avenue  
Westbury, NY 11590  
(516) 876-6339

### *Elmont Family Resource Center*

161 Hempstead Turnpike  
Elmont, NY 11003  
(516) 616-8627

### *Operating Hours:*

Monday: 8:30am to 4:30pm  
Tuesday: 12noon to 8:00pm  
Wednesday: 8:30am to 4:30pm  
Thursday: 8:30am to 4:30pm  
Friday: 8:30am to 4:30pm



Family Support System of Care

## **Family Resource Centers**

**Hempstead  
Westbury/New Cassel  
Elmont**

