



Recreation Packet



Updated 2014 by:

Nicole Burke & Stephanie Morris, Social Work Interns, Transition Services

***List updated in April 2014. The organizations are for your reference only. Inclusion on this list does not constitute an endorsement by the Bellmore-Merrick Central High School District.**

Introduction

This Recreation Packet was designed to provide information on the large amount of valuable recreation programs that take place year-round- including during weekends, summer, and vacation. The extensive variety of athletic, creative, vocational-focused, socialization, and academic activities provided for young adults with disabilities offer great opportunities to fulfill the very important recreational needs for our students.

This up-to-date resource book provides an overview of the programs offered, location and contact information, age ranges of participants, cost- if one exists, and links to more extensive information on each program.

Please use the table of contents to find particular programs that may be of interest to your child or browse through the whole packet to discover the great assortment of recreational activities designed to help enrich our student's lives.

Special Thanks

We would like to extend our thanks and appreciation for the continued contributions and support from the following:

Administration:

Eric Arlin, Director of Special Education and Pupil Personnel, BMCHSD
David Seinfeld, Principal, Calhoun High School
Emily Paluseo, Chairperson of Special Education, Calhoun High School
Cheryl Gitlitz, District Transition Coordinator, BMCHSD

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A-1 Universal Care, Inc.

293 Castle Ave., Suite 1B

Westbury, NY 11590

Website: www.a1universalcare.org

Contact:

Donna Harris

E-mail: dharris@a1universalcare.org

Novella Merriwether

(516) 338-8777

A-1 Universal Care, Inc. is a community based not-for-profit agency founded in 1995 by a group of concerned parents to provide professional, comprehensive, & quality services to the mentally retarded & developmentally disabled population, residing in Nassau County.

Resources: Family Support (Respite & Recreation Programs), Medicaid Service Coordination, & waiver services

Population: Children ages 12 to adult

ACDS (Association for Children with Down Syndrome)

605 N. Newbridge Rd.

Levittown, NY 11756

Website: www.acds.org

Contact:

Erica Lepurage, Recreation Coordinator

E-mail: elepurage@acds.org

(516) 605-2391

ACDS presents a summer adventure program. This is a respite program to give individuals the opportunity to develop independence, enjoy recreational activities & practice their daily living skills. This unique program has been designed to give children a summer adventure either before typical summer programs start or after summer programs end & before the school year begins. Daily activities include swimming, arts & crafts, movement and physical education, game time, movies, and cooking.

Resources: 5PLUS Respite program/Recreation activities

Population: People with Developmental Disabilities ages 5-Adult

Programs: Saturday Recreation, Dance, Vacation Day Camp, ICE, Sports Training Club, Sports Training Club, Canoe Practice, Summer Adventure, Teen/Young Adult Program, Tween Socialization/Parent Support, Friday Night Drop In, Adult Education

Fee: Some programs have a minimal fee.

ACLD (Association for Children with Learning Disabilities)

P.O.

Bethpage, NY 11714

Website: www.acld.org

Phone: 516.822.0028

Email: info@acld.org

Contact:

Susan Ann Fratello

E-mail: fratellos@acld.org

(516) 940-2720 ext. 282

Susan Padavano, Respite

(516) 940-2720 ext. 269

ACLD's mission is to support the pursuit of an enviable life for people with developmental disabilities by assisting individuals to make meaningful choices, develop significant relationships & have productive, healthy & enjoyable lives. ACLD offers consumers a variety of weekend activities to choose from on a trimester basis. Fall (Sept-Dec) Winter (Jan-March) Spring (April-June). There currently are six recreation groups, three in Nassau County, and three in Suffolk County.

Summer: The summer weekend program is offered to all recreation participants and is on Saturdays in July and August. Separation tuition fee for this program exists.

Vacations: There are 2 vacation groups, the World Navigation for our more independent travelers and the East Coasters for our travelers requiring a more relaxed pace vacation with additional staff support. All inclusive fee.

Weekends Away: The World Navigators and East Coasters are also given the opportunity to attend weekend trips. At least two are offered annually for an all inclusive fee.

Bowling League: This league meets Wednesday nights during the months of October- May.

Basketball League: This league meets Thursday nights during the months of September- April.

Center-Based Recreation Program: This program offers consumers the opportunity to socialize with peers on Saturday afternoons at our Farmingdale location. There are 2 semesters, Fall/Spring, consisting of 14 weeks each. Exciting activities include Karaoke and Bingo.

Resources: Activities range from bowling or a movie to a Broadway show or a day trip to Mohegan Sun.

Population: Ages 18 and older

Fee: Tuition payment plan available upon request. Fees vary according to the cost of the activity. Tuition for weekend activities

AHA (Asperger Syndrome & High Functioning Autism Association)

P.O. Box 916

Bethpage, NY 11714

E-mail: info@ahany.org

Website: www.ahany.org

Contact:

Patricia Schissel, LMSW

(888)-918-9198

AHA is a New York non-profit organization providing information & support for families, individuals & professionals affected by Asperger Syndrome and related conditions.

Resources: Support groups, bowling, & annual Family Picnic and 2 yearly conferences.

Population: Children & Adults

Fee: Varies

Suffolk Bowling

Where: Port Jeff Bowl

Contact:

Joe Kraker

E-mail: info@ahany.org

(516) 382-0492

AHRC Nassau- Citizens

Family Support Services Department
115 East Bethpage Rd.
Plainview, NY 11803-4299
Website: www.ahrc.org

Contact :
Citizens
Heidi Klewicki, Recreation Coordinator
516-293-2016, ext. 5619
E-Mail: hklewicki@ahrc.org

AHRC is a not-for-profit member based organization. The mission of AHRC is to teach, support & advocate for children & teens with intellectual & other developmental disabilities to make life choices, exercise independence & develop responsibility. AHRC Nassau encourages individuals to fulfill their dreams & become productive members of the community. AHRC Nassau's Family Support Services Department, with the assistance of OMRDD, has recently begun operating a walking program at Cantiague Park in Hicksville for families with children who have intellectual & developmental deficits.

Recreation: Have opportunities in bowling, dances, crafts, bingo, socialization, yoga, walking club.

Resources: Camp Loyaltown, Citizens Club

Population: 18 & Older

Camp Loyaltown

115 East Bethpage Rd.
Plainview, NY 11803-4299
www.ahrc.org/camployaltown0.0.html
Voicemail: 516-293-2016 ext. 5611
E-mail: camp@ahrc.org

Contact:
Savita Sharma, Camp Director
(516)293 2016 ext. 5612
ssharma@ahrc.org

Since 1973 AHRC Nassau has been operating Camp Loyaltown as a summer haven for children & adults with intellectual & other developmental disabilities, while providing worry-free respite for family members. Camp Loyaltown's philosophy is to provide campers with a fun, safe, & stimulating vacation. The camp is located in the Catskill Mountains of New York.

Description of Program Resources: Traditional camp programs including; swimming, boating, Arts & Crafts, Ceramics, woodworking, fabric arts, dance, music drama, athletics, recreation, nature & cooking.

Population: Children as young as 4, to adults in their 80s, who have developmental & other disabilities. Campers' functional levels range from mildly developmentally disabled through severely disabled. Many of the individuals who are served have no other handicapping conditions while others have one or a number of the following additional disabilities: Cerebral Palsy, Epilepsy, Autism, Visual Impairment, Speech Impairment, Orthopedic Involvement, Emotional Sensitivity, Hyperactivity & other mental or physical impairments.

Fee: for Nassau County Residents: one 2 week session \$1,760; for an additional 2 weeks session \$3,605; & for Session 6 \$825 (if attending a 2 week session also \$1,545)

ASPIRE Center for Learning and Development

63 Old East Neck Rd.
Melville, NY 11710
Website: www.aspirecenterforlearning.com
Phone: (631)-923-0923

Contact:
Dr. Shana Nichols, PhD, Clinical Director, Licensed Clinical Psychologist
Monica Arevalo, BS, Clinician and Office Manager
Dr. Alyson Sheehan, PhD, Psychology Post Doctoral Fellow
Email: aspirecenterforlearning@gmail.com

ASPIRE offers social skills, social communication, and coping skills groups in addition to a community outings program, which brings social and life skills training into the community. Holiday programs are periodically available as well. Additionally, we offer individual counseling services, evaluations, and consultation for behavioral difficulties, puberty, and sexuality. ASPIRE also offers parent groups.

Population: Individuals with autism spectrum disorders, ADHD and related social difficulties in Nassau and Suffolk Counties. Children between 3-12; Teens between 13-21; Young Adults 21 & up. Regularly offering programming for children ages 7 and up.

Fee: Dependent on the program. Social skills groups are \$550 for a 10-week group, 1 hour session. The price of community outings varies dependent on the activity included. Sliding scale fee available for individual services only.

Bellmore-Merrick Adult Continuing Education

1260 Meadowbrook Rd.

Merrick, NY 11566

Website: www.bellmore-merrick.k12.ny.us

Contact:

Susan Hickey

(516) 992-1062

Email: Shickey@bmchsd.k12.ny.us

Programs offered through the Bellmore-Merrick School District, day & evening classes in art, computers, cooking, dance, health, finance, fitness and sports.

Resources: Day & evening classes in arts & crafts, computers, cooking, dance, games, health, language, personal growth, music, photography, fitness & sports.

Population: Adult Continuing Education classes

Fee: Depends upon class

The Backyard Players

139 Waverly Ave.

East Rockaway, NY 11518

BYPlayersdrama@aol.com

Contact:

Ellen White, Director

516-581-2018

Cristine Daly, Director

Lets Put On a Show is a fun filled adventure for your child. Our loving and experienced staff will provide a platform for your child's imagination to soar! From start to finish your child will be involved in every aspect of the production. From initial concept to the final bow, this child-driven production will open the door for each camper to experience the creative process while working together in an ensemble. This exciting summer program is designed for all children who enjoy being part of a performing arts environment. Whether your child loves to be on the stage or working behind the scenes, this program provides a positive and safe atmosphere for children at all levels to express themselves in enjoyable and stimulating ways.

Backyard Players and Friends is an arts-based community program for teens and young adults with special needs. We offer exciting programs in Theatre Arts, Yoga and Community and Recreational Enrichment. Our motivated staff is focused on implementing our programs with enthusiasm and individualized attention. Every participant is treated with the utmost care and respect.

Resources: Camp; Camp Session: July 07 - 11, 2014

Population: Girls and Boys ages 8-13

Fee: \$275.00 *Per Camper Per Session*. Camper receives one BackYard Players T-shirt.

Beyond Rock

Shelter Rock Jewish Center

New Hyde Park, NY 11042

www.BeyondRock.org

Contact:

Maria Sarro

1-888-212-9834

E-mail: info@BeyondRock.org

At Beyond Rock, 7-17 year olds of all ability levels have a blast playing in rock bands, writing songs, recording, and playing music and theater improv games and activities. Lessons and workshops are offered in technique, stage presence, music theory, music software, the music industry, and much more. Campers then play in a real rock concert at a major music club. In a fun, supportive, safe, community, they build confidence, make great friends, free creativity, and grow as musicians and as people.

Population: Ages 7-17

Fee: \$595-\$610/week. Financial aid and payment plans available

Boy Scouts of America (BSA)

Theodore Roosevelt Council
544 Broadway
Massapequa, NY 11758
www.trcbsa.org

Contact:

John Zseller, Field Director
(516)-797-7600 ext. 113
Email: Jzseller@bsamail.org

Boy Scouts of America is one of the nation's largest & most prominent values-based youth development organization. BSA provides a program for young people that builds character, trains them in the responsibilities of participating citizenship, & develops personal fitness.

Resources: There are various special needs programs available for young adults & adults

Population: Children ages 6 - adult

Fee: Varies

Camp Colonie

Easter Seals New York Camp Colonie
292 Washington Ave, Suite 112
Albany, New York 12203
P: (518) 456-0828
Website: <http://ny.easterseals.com>

Contact: **Chuck Paravella**, Camp Director
(518) 222-3932
paravella1@gmail.com

Camp Colonie is a six week long integrated summer camp program for children and young adults 5-21 years of age that provides a supportive and supervised program for individuals with physical, developmental, or emotional disabilities as well as typically developing children and young adults. Campers are invited to attend one or all six week-long sessions! Campers have full access to the park grounds including the playground, nature trails and athletic fields. Camp Colonie has two program options that work together to help campers reach their highest potential and individual goals.

Full Day Camp: 9:00 AM - 3:00 PM

Campers who enroll in the day camp option enjoy recreational and socialization activities in addition to academic support.

"School Without Walls" 9:00 AM - 3:00 PM

Individuals who attend Camp Colonie's School Without Walls program will receive a full-day accredited school program (CSE and district approval required).

Population: 5-21 years old.

Fee: Varies

Camp Huntington

56 Bruceville Rd.
High Falls, NY 12440
Toll Free: (855)707-CAMP (2267)
Website: www.camphuntington.com

Contact:

Michael Bednarz, Executive Director
917-710-4285
mbednarz@camphuntington.com

Camp Huntington is a summer recreation program for the learning & developmentally disabled. At Camp Huntington, the goal is to allow each camper to be the best that he/she can be. This camp offers 3 distinct, specially designed programs to meet the needs of a wide variety of special needs children. The programs contain specific approaches that address key social, emotional & environmental issues for each disability group. The camper programs are blended together within groups & on campus to encourage positive social & emotional exchanges between campers.

Resources: summer camp, 3 programs (described below)

Population: Serve those with Learning & Developmental Disabilities, ADD/HD, Autism Spectrum Disorders, Asperger's, PDD, & other special needs.

Fee: Single-Rate all-inclusive tuition starts at \$2,150 per week (includes many extras, but does not include extra supervision fees for behavioral or physical support),

Discounts are offered for campers attending for 3, 6 or 9 weeks.

Recreation and social skills development for children with Learning Disabilities/ ADD/HD

Description: The recreation program is specifically designed for children & teenagers with learning disabilities, ADD/ADHD & neurological impairments. Campers participate in a variety of daily activities which are much like those offered at a camp for the non-disabled. Counselors use the recreational activities as a means of remediation for attention, memory, & perceptual disabilities. The learning & organizational strategies being taught at home & in school are reinforced in a fun & relaxing environment.

Independence for the Developmentally Disabled

Description: The independence program is designed for 2 purposes. The first is to provide the developmentally delayed with access to quality summer camp experiences. The second purpose is to begin the process of instilling campers, at an early age with a sense of independence.

Participation for children with Autism, Asperger's and Pervasive Developmental Disorders.

Description: Camping offers a great deal to children with Autism, Asperger's, or other Pervasive Developmental Delays, who benefit from the positive structure of our program. This individualized & structured program provides activities that allow campers to feel secure. Each activity is developed to assist children with communication & participation. Campers are introduced to new skills & activities, in a precise & consistent manner. Children are encouraged to participate positively with counselors & fellow campers. Appropriate interaction is rewarded with praise or a favorite activity.

Camp Northstar

157 Monell Avenue
Islip, NY 11751
www.campnorthstar.org

Contact:

Linda Arminio, President
Email: Larminio@campnorthstar.org
631-806-8990

Camp Northstar offers campers the opportunity to enjoy a unique camping experience and the chance to spend a great week away from home. Camp Northstar is a week long sleep away camp staffed and run by volunteers working together "sharing a dream". The camp is located on Shelter Island. This year camp will be from Saturday August 23rd to Friday August 29th 2014. Contact Linda Arminio for the application to attend camp. The committee will be in touch upon review of the application.

Respite Weekends- These weekends are designed for families with a family member with a developmental disability living at home. They provide a much needed break for families and allow the family member to enjoy a positive fun camp like vacation.

Family Weekends – Family weekends allow entire families the opportunity to vacation together. Camp Northstar provides an enjoyable, safe atmosphere for families to spend time. They will be given the chance to bond as a family as well as network with other families.

Camp Northstar is a 501(c) (3) organization and is completely funded through grants, donations, and community support. Campers and families are never charged to attend camp.

Fee: Free

Camp Northwood

132 State Rt 365
Remsen, NY 13438
Website: www.nwood.com

Contact:

Gordon Felt, Director
(315) 831-3621
E-mail: gfelt@nwood.com

Since 1976, Camp Northwood & The Northwood Center have been providing quality programming to a coed population of 140 socially immature, learning challenged children in need of structure & individualized attention. 2:1 camper/counselor ratio, non-competitive recreational programming & intentional focus on social skills development that enable students to experience acceptance in a thriving camp community. The Camp Northwood program is based on the philosophy that every child needs to experience success in order to develop social confidence. Camp Northwood provides a support system that allows children to have successful experiences while participating in a variety of traditional camping activities. Camp Northwood's program intentionally focuses on providing quality programming designed to foster age appropriate social skills, self-esteem and independence while at the same time

offering traditional summer camp experiences. In order to achieve our social developmental goals, campers must immerse themselves in our supportive social environment for more than just a few weeks.

Resources: Summer camp & summer programs, (Interview Required).

Population: Autism Spectrum, Learning Challenged and Socially immature, high functioning. Ages 8 -21. Capacity-140
Fee: \$10,200

Camp Pa-Qua-Tuck

2 Chetswezey Rd.
P.O. Box 677
Center Moriches, NY 11934
Website: www.camppaquatuck.org

Contact:
Bridget Costello
Johnneen Feehan
(631) 878-1070
E-mail: camppaquatuck@optonline.net

Camp Pa-Qua-Tuck of New York provides recreational & respite care activities in a camp setting. The camp provides opportunities for social & personal growth within a supportive environment. Campers learn to try a variety of creative & challenging activities & experience success. Campers develop enhanced self-esteem which carries over to work, home, or school environments.

Resources: Respite Summer Camp, Sleep Away for a Week, & Weekend Respite twice a month

Population: All special needs (physical & developmental). Ages 6-21.

Fee: \$875 per week. Respite weekend \$350 .

Camp Ramapo

P.O. Box 266
Route 52 Salisbury Turnpike
Rhinebeck, NY. 12572
E-mail: office@ramapoforchildren.org
Website: www.ramapoforchildren.org

Contact :
Jessica Humes-Delgado, Outreach and Hiring Director
(845) 876-8423
E-mail: jhumes-delgado@ramapoforchildren.org

Camp Ramapo is a special needs summer camp serving children ages 6-16 with a wide range of emotional/behavioral challenges, including children on the Autistic spectrum. This summer camp is ideal for youth who benefit from increased structure & supervision. The program is focused on the development of positive social & self-help skills, forming productive relationships, & having fun in a safe & well cared for environment.

Camp Ramapo is an inclusive environment purposefully designed for children having difficulty building and maintaining healthy relationships with peers and adults. The daily program and activities are carefully structured to meet the needs of fragile children who can benefit from a higher-than-average level of supervision, an engaging environment, and a character-building curriculum, all of which Ramapo provides.

Ramapo also serves high-functioning children with autism spectrum disorders who can successfully navigate the camp environment. This includes children with Asperger, Tourette, and Angelman Syndrome.

Ramapo for Children provides many challenging activities designed to promote confidence and build trust:

- Athletics including high and low ropes courses; hiking, orienteering and backpacking trips; swimming; canoeing and kayaking
- Arts and crafts, such as woodcraft and ceramics
- Additional activities including a reading center, miniature golf, a discovery center (science and nature) and chess

Resources: Teen Leadership Program

Population: Youth with autism & similar pervasive developmental delays, Learning Disabilities, emotional & behavioral problems, & attention deficit disorder.

Fee: Varies

Career & Educational Counseling Center

400 Sunrise Highway
Amityville, NY 11701
Phone: 631-608-5052

Contact:

Mary Jo Kennedy
631-608-5052
mkennedy@south-oaks.org

The Career & Educational Counseling Center (CECC) has been in existence for 19 years. We provide assistance to New York State school districts in meeting their transitional service needs. In continuing to meet the needs of students and to minimize any form of regression, we provide our Vocational/Life Skills program throughout the summer months.

Our summer services enhance pre-vocational skills to assist students in the development of pre-employment activities/skills and behaviors necessary for work. The program also incorporates life skills to increase awareness of the skills necessary for independent living. Students will be involved in community work experiences, develop social skills and learn how to travel by public transportation, as well as be part of an instructional classroom setting.

Resources: Hands on community experience, travel training, life skills training, money management, and more.

Fee: From \$525- \$4950 depending on the program option chosen

Center for Community Inclusion

LIU-Post Campus
720 Northern Boulevard
Brookville, NY 11548-1326
email: post-cci@liu.edu
Website: <http://www.liu.edu/CWPost/Academics/Schools/CEIS/Resources/CCI/Programs>

Contact:

Kathleen Feeley, Ph.D., BCBA
516-299-2231
kathleen.feeley@liu.edu

Resources: Offer several inclusion groups and I can Bike, a program to help children with developmental disabilities learn to ride bicycles, Support and Skills Program with children with Autism and their siblings.

Population Served: Children and adults with intellectual disabilities

Fee: Depends on program

Center for Therapeutic Riding of the East End**Program Site:**

Wolffer Estate Stables
41 Narrow Lane East
Sagaponack, NY 11962
Phone: 631-779-2835
Website: <http://www.ctreeny.org>
Email: info@ctreeny.org

Contact:

Karen T. Bocksel, PATH Intl. Advanced Instructor
karen@ctreeny.org

The Center for Therapeutic Riding of the East End is a not-for-profit, 501c3 organization located on the east end of Long Island in New York. Our mission is to provide therapeutic riding lessons and equine assisted activities to children and young adults with cognitive, physical or emotional disabilities. We are a member center of the [Professional Association of Therapeutic Horsemanship International \(PATH Intl\)](#).

Resource: Private and semi-private lessons are conducted year round in four 6-week sessions and one 8-week session.

Population: children and young adults with cognitive, physical or emotional disabilities.

Fee: Fee per program

CHADD of Nassau County

P.O. Box 548
Levittown, NY 11756
Website: www.chadd.net/105
Nassau-county@chadd.net

Contact:

Kathleen & Vicki
(516) 932-0903
E-mail: nassau-county@chadd.net

CHADD is a national non-profit organization, which is designed to assist individuals with AD/HD & their families. CHADD has over 11,000 local chapters around the country, which offer support for parents, adults with ADHD, educators, professionals, & others. They offer a 7-week parent-to-parent education program & operate the CDC funded National Resource Center on ADHD.

CHADD of Nassau County holds a meeting once a month to help our community better understand and cope with the wide scope of problems dealing with AD/HD. We provide support groups for parents of children with AD/HD and for adults with AD/HD where advice and coping skills are shared. Additionally, we provide educational workshops where professionals facilitate seminars on various topics discussing what AD/HD is, how to recognize it, and methods to help live productively, and cope with family and social relationships. These educational forums address both parenting and adult AD/HD issues.

All CHADD of Nassau County meetings are held at:
The East Meadow Jewish Center
1400 Prospect Avenue
East Meadow, NY 11554

Resources: Support groups, educational workshops, discount books, informational hand-outs, referrals
Population: Parents of children & adolescents with AD/HD, Adults with AD/HD, Educators, Mental Health Professionals
Fee: Membership Organization / Meetings are open to the public / Donation is requested for non-members

Challenger Lacrosse

St. Paul's Field (outside St. Paul's School)
Stewart Avenue & Rockaway Avenue
Garden City, NY 11530
Email: gardencitygcaa@gmail.com
Website: www.gc-aa.com/challenger.htm

Contact:
Brian Collins
Briancollinspe@aol.com
Al Vanasco
(516) 741-6767

Athletes with special needs are invited to participate in the GCAA Challenger Lacrosse Program. Each athlete can play at their own level. Lacrosse begins in June as well as Golf.

Population: Ages 6-18, 21 if still in school.

Challenger Basketball and Indoor Soccer

Sanford H. Calhoun High School
1786 State St
Merrick, NY 11566

Contact:
Emily Paluseo
epaluseo@bellmore-merrick.k12.ny.us
Lauren Miele
lmiele@bellmore-merrick.k12.ny.us

The "Challenger" athletics program offers students with special needs the opportunity to be part of a school sports team, and to compete against neighboring districts. The current structure includes students, grades 7th thru 12th, and has both boys and girls on the same team. We have been part of this program for 3 years. This program has existed for a number of years before we learned about it and joined.

There isn't any type of "Sports Coordinator / Commissioner" for this league. Districts take care of creating their own teams and creating their own game schedules. There aren't any written policies, procedures and/or guidelines for this program.

Resources: Winter basketball season, Spring indoor soccer season

Population: Any Calhoun High School student with a physical or cognitive disability could be asked to join your team

Fee: No fee

Children's Athletic Enrichment (CAE)

64 Fairview Ave.
Port Washington, NY, 11050

Contact:
John Crawley, Director
(516) 633-2040

CAE is a program designed with you and your family in mind. The Children's Athletic Enrichment program hires 1:1 to work with young children on the spectrum.

The Lion's group of Port Washington has set it's sights on helping those who can't help themselves; to that end we have developed CAE (Children's Athletic Enrichment), balancing the rigorous demands required to assimilate children diagnosed with Autism into our mainstream Daily lives. CAE offers an athletic addition to balance any existing ABA structured therapy. Our mission is to maintain the framework prepared by the home/office ongoing treatment structure incorporating modified Athletics. CAE also raises money to help families with financial need.

Population: Ages 4-8 years old.

Fee: fee per session

Cody Center for Autism & Developmental Disabilities

Stonybrook University
5 Medical Drive
Port Jefferson Station, NY 11776-1601
Website: www.codycenter.org

Contact:
Dr. David Makowski, Director, Summer Program
E-mail: David.Makowski@stonybrookmedicine.edu
631-632-8908

The Cody Center for Autism & Developmental disabilities at Stony Brook University was founded in 2001. The mission of the Center is to promote excellence in clinical treatment, research, community service, & educational programs benefiting those with Autism Spectrum Disorders (ASD) & related developmental disabilities.

Resources: Summer pre-college/college program at Suffolk County Community College

Population: Developmental Disabilities. MUST meet OPWDD criteria for respite & recreation programs

Compass Project

Long Island

Mid Island Y JCC
45 Manetto Hill Road, Plainview, NY, 11803
Website: www.jccany.org/compass

Contact:

Elise Hahn-Felix, LCSW 516-729-0066;
felix@jccany.org
Samantha Silverberg, LMHC 516-822-3535 ext 363,
Silverbergs@jccany.org
David Abraham, Case Manager (718) 575-7058
ABRAHAMD@jccany.org
Valerie Rosen, LMSW 914-761-0600 ext 235
rosenv@jccany.org

Queens: 95-25 Queens Blvd, 10th Floor,
Rego Park, NY, 11374

Westchester: 845 North Broadway
White Plains, NY 10576

JCCA's Compass Project provides comprehensive social, vocational, educational and independent-living services to young people in Long Island, Westchester, Queens and Manhattan. Compass services are designed to help young people plan for and prepare to make a successful transition from high school, college or unemployment to the workplace and independent adulthood.

Resources:

- **Core Services-** Counseling, Vocational and Psychological Assessment, Entitlement assistance, Executive Function Coaching and Life Skills Development
- **Vocational Counseling and Career Development Services-** ACCES-VR Service provider, Pre-vocational programs, summer and year-round internship opportunities
- **Social and Recreation Programs-** Compass Eats dinner groups, girls groups, Club Compass day and overnight travel programs, theater for action, fitness and wellness programs, Youth Leadership Council, Birthright Trips to Israel
- **College Support Services-** on college campuses; Yeshiva- male and female, Pace-Oasis program, Fashion Institute of Technology, Queensborough CC, Manhattanville College, Purchase College, Iona- Gales Rice, Westchester CC, Adelphi, SUNY Farmingdale
- **Independent Living Programs-** Queens and Westchester programs
- **Professional Development and Community-based Training Workshops**

Population: Teens and young adults with learning disabilities & special needs, Autism Spectrum, ADHD, Aspergers, PDD-NOS

Fee: Some free or NYS funded services and fee-for service (varies by program)

****Note: For some programs interviews are required**

District # 31 Massapequa Challenger Baseball

45 Stillwater Ave.
Massapequa, NY 11758

Contact:

Al Freise

(516) 541-4677

Email: MassapequaChallenger@gmail.com

Resources: Sports

Population: All boys and girls, ages 5 -21, while still in school

Fee: \$15 spring program, \$10 fall program (*does not accept credit cards*)

East Meadow Little League Challenger Division

P.O. Box 158

East Meadow, NY 11554

Website: www.eastmeadowbaseballsoftball.com

Contact:

Lee Cook

(516) 481-0943

E-mail: Lee@eastmeadowbaseballsoftball.com

E-mail: leecook805@aol.com

Softball program for Special Needs Children and Adults with any disability, held at the East Meadow Little League Baseball Complex, 90 Merrick Avenue, East Meadow, NY 11554.

Resources: Sports

Population: Ages 5-adult.

Fee: No fee

The Family Center for Autism

1501 Franklin Avenue

Garden City, NY 11530

Website: <http://www.thefamilycenterforautism.org/>

Contact:

Roger Wine, Manager

516-741-9000 ext. 265

rwine@lifesworc.org

Dara Greenberger, Assistant Director

(516) 741-9000 ext. 220

E-mail: dgreenberger@lifesworc.org

The Family Center for Autism provides numerous socialization opportunities for children, tweens, teens & adults. These classes consist of cooking, acting, zumba, yoga art, music, science, minecraft mania, video gaming, mommy and me music, art and yoga programs, as well as Teen Adventure Clubs in both Nassau and Suffolk counties

Population: Individuals with a diagnosis of Autism

Fee: Ranges \$200-250 per 8 week session. The Teen Adventure Connection - \$70.00 per session

Call to schedule a free trial!

Family Project

Grand Ave Middle School

2301 Grand Ave.

Bellmore, NY 1710

Contact:

Steven Rose

E-mail: erose16707@aol.com

P: 516-783-8404

Recreation & social skills program meets Every Tuesday in January and goes through June.

Resources: Support Groups, Music, Sports, Dance & Fitness Programs

Population: Special needs students attending Bellmore-Merrick Central High School District and out of district students

Ages 12-17 & young adults 21 -24

Fee: No fee

Fay J. Lindner Center for Autism & Developmental Disabilities

AHRC-Nassau Mansion
189 Wheatley Rd.
Brookville, NY 11545
Website: fayjindnercenter.org

Contact:
Natalia Appenzeller, PhD
Clinical Director
(516) 686-4440 ext. 2351
E-Mail: nappenzeller@faylindnercenter.org

The Fay J. Lindner Center for Autism & Developmental Disabilities is a comprehensive outpatient assessment and treatment program providing state-of-the-art clinical care to individuals across their lifespan. Our focus is in the development and implementation of comprehensive assessments and continuum of services for children and adults with autism and related developmental disabilities, their families, and the professionals who serve them. At the Lindner Center, we believe strongly in the importance of learning and skill-building. We aim to provide individuals, families and professionals with state-of-the-art training and educational opportunities and resources.

Resources:

Adult Social Program, Teen Social Program, Tween Social Program, Periodic Social Events

Population: Ages 10-15 years old, 16-23 years old, 24 and up.

Fee: Varies

FREE

120 Plant Avenue
Hauppauge, NY 11788
www.family.res.org

FREE is among the largest and longest-established not-for-profit providers of innovative services for children and adults with developmental disabilities and/or mental illness or traumatic brain injury on Long Island. We recognize that every person has a unique set of needs, interests and goals. Our hallmark strength is our ability to create highly personalized services for each individual, drawing from one of the regions most diverse array of services and supports.

Resources:**Helping Hands Behavioral Outreach @ FREE**

191 Sweet Hollow Road
Old Bethpage, NY 11714

Contact:
Mindy J. Cassano
MCassano01@familyres.org
516-870-1600 ext. 1849

Helping Hands Behavioral Outreach

("HHBO") is a unique and highly successful peer-mediated socialization program for children, teenagers & young adults with Autism & Developmental Disabilities ages 5-21, located in our Old Bethpage facility. HHBO's primary focus is teaching necessary life skills utilizing behavior analytic principles that are known to be effective when working with children and teens with Autism and developmental disabilities.

HHBO also has a Peer Mentor Program. The Peers participate and interact with the children in the Gym, Dancing, Art, Music, Cooking, and Games groups.

Programs Offered:

Saturday Socialization Program: a respite & recreation program with a peer mentoring focus, 10 a.m. - 3 p.m., full year, closed over school holidays.

After-School Recreation Program: Monday thru Friday, 3:00 p.m. - 6:00 p.m., when school is in session, excluding school holiday and summer closures

Summer Respite/ Club Adventure: Usually 3 weeks. One in July and two in August

School Vacation Respite Program: The program runs on the major holiday breaks (winter recess, spring vacation, president's week, etc.) and several weeks over the summer. It is from 9am-4pm, Monday through Friday.

Saddle Rock Ranch: Operated by Family Residences and Essential Enterprises, Inc., (FREE), since 2004, the ranch offers opportunities for people of all ages and abilities to experience Equestrian Activities, including therapeutic riding lessons and equine care in a safe and comfortable environment. Saddle Rock Ranch is a 15-acre working ranch, housing horses and other farm animals. The ranch features a heated indoor riding arena, barns, farmhouse, pond, greenhouse and garden. In addition, Saddle Rock's varied Day Services give adults with developmental and emotional challenges the chance to learn agricultural skills, small and large animal care and skills associated with operating a bed and breakfast. Participants may choose from pursuits such as gardening, small animal care, large animal care, pet therapy and horseback riding.

For more information, please call:
Equestrian Activities and Volunteering - Ranch Office: 631-205-0432
Population: Children & Adults

Barry and Florence Friedberg JCC

15 Neil Court
Oceanside, NY 11572
P: (516) 766-4341

Contact:
Marcy Hallerman
Program Director for Social and Support Services
516-634-4173
mhallerman@friedbergjcc.org

Resources: Socialization Programs, Respite, Sports, Theatre, and Summer Camp

Population: Individuals with ADHD, ADD, Asperger's, Downs Syndrome, Autistic, Speech Language Delays, & Learning Disabilities

Fee: varies

Programs: Social Skills, Teen Buddy Program, Basketball Buds, Special Needs Swim Team, Drama Buddies, Friendship Connection, After-school Enrichment, Peer Programs, Sunday Social Club and Steps to Success.

Camp Achieve

Barry & Florence Friedberg JCC
15 Neil Court
Oceanside, NY 11572
Second Location:
School 9E in Oceanside
516-766-4341

Contact:
Marcy Hallerman
Program Director for Social and Support Services
516-634-4173
mhallerman@friedbergjcc.org

Camp Achieve is a new, innovative camp program beginning this summer at the Friedberg JCC. Camp hours are from 10:00 AM- 3:00 PM, and include a half day option as well. In the morning, our campers will meet at Oceanside's school 9E for some outdoor activities. We also have access to indoor classrooms for rainy day activities, and social skills groups and activities on a daily basis. Campers will have the opportunity to participate in a range of both indoor and outdoor activities that foster socialization and skill building. In the afternoon our campers will be bused back to the JCC for a nutritious hot lunch. We also have afternoon activities at the JCC. Special themed days each week will provide variety and enhance learning while still following a familiar daily routine.

Population: Ages 6-12 years old.

Friendship Connection

10 Grace Avenue Room 8
Great Neck, NY 11021
Website: www.thefriendshipconnection.org

Contact:
Eli Ran Eliaz, PhD
(516) 944-5752
E-mail: fc.dr.eliaz@gmail.com

Resources: Socialization – therapeutic grant. Movie & Pizza night, board games, Super Bowl Party, Gym night, Arts & Crafts, International Food Night, monthly support group meetings for parents of developmentally delayed kids, & weekly meetings held at NYI of Technology in Old Westbury.

Population: Learning disabled, Teens and young adults 17 and up

Fee: \$250 per 14 sessions

Gersh Academy: West Hills Day Camp

21 Sweet Hollow Road
Huntington, NY 11743

Contact:
(631) 385-3342
Email: info@westhillscamp.com

Resources: Summer camp offering 4-8 week sessions, full day programs from 9am-4pm, includes swimming, rock climbing, miniature golf, music & drama, fishing/boating, soccer, softball, playgrounds, basketball, arts & crafts & computer games with instruction.

Population: Children ages 5-13 diagnosed with autism spectrum disorder, aspersers syndrome, ADD, ADHD, OCD, nonverbal learning disability & depression.

HANDS

104 Blake Ave.
Bohemia, NY 11716

Contact:
Carol Gaggin, President
(631) 567-4030
Email: hands.carol@gmail.com

Founded in 1972, HANDS provides emotional & practical support for adults & older youths with disabilities. Monthly socials include luncheon, 50/50 raffles, BINGO, occasional speakers or entertainment, yearly luncheon at offsite facility for dining with entertainment, awards ceremonies, guests, etc. There are weekly craft clubs and classes, other activities as desired or initiated by members. Lots of fun!!

Resources: Groups & socials

Population: Handicapped adults- 18 years and up

Fee: 25\$ per year

Hannah Kroner School of Dance & Fitness

1180 Willis Ave.
Albertson, NY 11507
In Willis Square Shopping Center
www.hannahkronerschoolofdance.com

Contact:
Carol Riley
Email: dancehksod@aol.com
(516) 484-5430

The Hannah Kroner School of Dance & Fitness has been operating for over 30 years. They serve children and round adults who are physically and/or mentally disabled with carrying carefully graded classes. The classes are held Tuesdays, Fridays, and Saturdays during the school year and for seven weeks in the summer. They offer private and group classes year round in Ballet, Jazz and Floor gymnastics utilizing contemporary music.

Resources: Dance & Exercise

Population: Children through adults

Fee: Varies, partial scholarship available for deserving students. Private and group rates.

Hofstra University Youth Program

250 Hofstra University
Hempstead, NY 11549
Website: www.hofstra.edu/camp Camp
www.hofstra.edu/youth CLASSES
E-mail: ce-camps@hofstra.edu

Contact:
Terence Ryan, Director of Summer Camps
(516) 463-CAMP
Jessica Dease, Director, Saturday classes for
Young people
(845) 876-8403
E-mail: Jessica.L.Dease@hofstra.edu

The REACH program is an exciting opportunity for campers with various disabilities to experience Hofstra Specialty Camps with typically developing peers. The REACH program provides a safe and positive setting for campers with disabilities to be fully included into all activities and enjoy peer interactions with supports and/or modifications when necessary. The

REACH program provides a perfect setting for ongoing interventions during the summer break. Campers have ample opportunities to generalize and enhance social daily living skills. The REACH program is dedicated to providing a summer camp experience in which campers with special needs can learn, grow and have fun in a safe and supportive environment with their peers. Campers improve communication, social and daily living skills in recreational environments.

Resources: Summer camp & Saturday classes

Population: Ages 5-15 for camp, Saturday classes for ages 13-18

Fee: Varies

HOPEFitness

1784 Hempstead Turnpike

East Meadow, NY 11554

(use this address for correspondence only)

Contact:

H Greenberg

Email: Info@hopefitness.com

(877) 396-HOPE

Gym located at: 2750 North Jerusalem Road, North Bellmore, NY 11710

2nd Gym located at: 3140 Veterans Highway, Bohemia, NY 11716

E-mail: Info@HOPEFitness.com

Website: www.HOPEFitness.com

HOPEFitness combines exercising with fun and socialization to create a truly unique program. No matter age or disability, HOPEFitness believes that every Individual has the right to a healthy lifestyle. Our facilities are designed to maximize participation and encourage members for ultimate success. HOPEFitness does not only provide the means for weight loss, increased muscle strength and flexibility, but to most importantly give participants a safe and comfortable place. This will help them at home, work, school and in their personal and social lives. Open to the public, HOPEFitness is the FIRST facility of its kind to integrate mainstream with Special Needs participants.

Resources: HOPEFitness Gyms, Socialization Programs for teens & Youths, Social Nights for all, and Family Counseling.

Population: Individuals with all types of disabilities

Fee: \$15 per visit. Sliding scale fee available.

HorseAbility

HorseAbility at SUNY Old Westbury

PO Box 410-1

Old Westbury, NY 11568

Phone: (516) 333-6151 x107

Website: www.HorseAbility.org

Contact:

Jamie Thomas-Martin

HorseAbility offers Equine Centered programs for individuals with special need. Including therapeutic riding, hippotherapy, equine facilitated therapy, social skills programs, and one-week summer day camp. HorseAbility is recognized as a premiere accredited center by the Professional Association for Therapeutic Horsemanship. HorseAbility's programs promote the physical, psychological, emotional, social and spiritual well being of its participants.

Resources: Summer day camp, volunteer opportunities, respite programs

Population: Serves ranges from those who are physically challenged, developmentally and cognitively disabled and emotionally disabled. Children ages 3 to adult.

Fee: Varies.

Independent Group Home Living Program, Inc.

221 North Sunrise Service Rd.

Manorville, NY 11949

P: (631) 878-8900

Website: www.ighl.org

Contact:

Therese Martin, IGHl Coordinator
of Recreation

(631) 878- 8900 ext. 194

Email: tmartin@ighl.org

Independent Group Home Living Program, Inc.'s mission is to provide programs, services & supports for people with developmental disabilities so they can realize their full potential as human beings & contributing members of their community.

Resources: Offers overnight freestanding respite houses, Night Recreation Program, Saturday recreation, in-home respite, community recreation habilitation, recreation travel program, Friday evening respite, weekend camp respite, OPTS program, 4 day summer camp in June, family support group, drama, fashion design, dance video, and exercise, & community activities. There is an Autistic program for those who live at home with their parents. There are 11 consumers who reside within the agency and compete with other teams on our IGHIL basketball team, known as the Hurricanes. We have top attendance at all adaptive and non-adaptive Special Olympic games here on Long Island.

Night Recreation Program: Held twice a year, for 12 weeks, Tuesday and Thursday nights 6:30-8:30pm offering Arts & Crafts, Yoga, Karate, Cooking Class in a professional Kitchen setting with Chef, Interactive storytelling and Fitness in a professional gym with instructor

Population: Developmentally Disabled

JCC of the Greater Five Towns

207 Grove Avenue
Cedarhurst, NY 11516

Contacts :

Gayle Fremed

516-569-6733 ext. 211

gayle.fremed@fivetownsjcc.org

Resources: Support Groups, Respite, Summer Programs, Sports, Camp & Drama

Population Served: Children and adults

Fees: Vary per program

Programs: Snoezelen Program, etgar, Wednesdays with Mary, pizza pals/soul mates for life, OPWDD reimbursement grant and field of dreams.

Contact:

Sarah Schapiro

516-569-6733 ext. 213

Sarah.schapiro@fivetownsjcc.org

Camp Friendship

207 Grove Avenue
Cedarhurst, NY 11516

Contact:

Gayle V. Fremed, Director of Special Needs

(516) 569-6733 ext. 211

Camp Friendship is an integrated camp for children with special needs. The JCC of the Greater Five Towns Camp Friendship provides both quality care and fun utilizing the resources of North Woodmere Park including their multiple swimming pools, picnic areas and sports fields, weather permitting. The JCC provides a safe environment for our sports, swimming, arts, drama and music curriculum. Your child will be able to participate in summer events and enjoy group activities with peers. Transportation from the Lawrence Middle School is provided. This is a six-week program from 11:30-4:15 daily. Lunch is included. Registration is limited and is provided on a first come, first served basis. This program qualifies for reimbursement from the OPWDD Family Support Services Reimbursement Grant.

K.I.D.S. Plus, Inc

P.O. Box 632
Northport, NY
Website: www.kidsplusinc.com

Contact:

Tammie Topel

(631) 514-1096

E-mail: ttkidsplus@gmail.com

K.I.D.S. Plus is dedicated to researching, creating, and providing developmental sports programs and structured recreational activities that promote, through participation, the physical, social, and emotional well-being of children with developmental disabilities as well as respite for their families.

Resources: Track and Field, Creative dance, Martial arts, Therapeutic recreation (provided on holiday breaks), Basketball, Soccer, Yoga, Free Bike event, Music therapy and Summer camp (one week of therapeutic recreation at the end of summer).

Kulanu Resources

620 Central Avenue
Cedarhurst, NY 11516
E-mail: info@kulanukids.org
Website: www.kulanukids.org

Contact:

Johnathan Cooper, LCSW, Direction of Inclusion
& Community Services
(516) 569-3083 ext. 135
E-mail: jonathanc@kulanukids.org

For information on Kulanu Camp Programs you can contact Jonathan Cooper at 516-569-3083 ext. 135, or email him at jonathanc@kulanukids.org for further information

Camp Discovery- An inclusion camp for students with disabilities and typical peers with experienced specialty staff, trips and travel camp, flexible activity choices, inclusion opportunities, a hot lunch, and door to door transportation

Resources: Sunday Morning Recreation Program, SNAP Program, RAP Program

Sunday Morning Recreation Program – Sundays 9 a.m. – 12 p.m. Ages 4-21. All levels of disabilities. This three hour, high interest program includes activities such as music, art, indoor swim and adaptive sports for all children with special needs. Participants are paired with shadows and peers and placed in appropriate age and functioning level groups. All programs are supervised and run by professionals in the area or special needs. Programs focus on interactions and building social skills. Contact: Debora Martin 516-569-3083, ext. 136.

S.O.S Program – Saturday or Sunday program for young adults. Higher and lower functioning have different activities. These activities include: videogames, sports, trips into the city, fun-zone, drama, cooking, and hikes.

Population: Anyone with disability (as long as they aren't a danger to strangers or others)

Fee: \$10 - \$25 per event

KULANU is a local Jewish organization under Orthodox auspices open to all people with disabilities. **KULANU** provides inclusion, support and advocacy services in social, cultural and educational areas to individuals and families with special needs. **KULANU** services the 5-Towns, South Shore, Mid-Island and Far Rockaway communities.

Let All The Children Play

33 S. Service Road,
Suite 109
Jericho, NY 11516

Contact:

Shea Shapiro
Email: Sheas@LATC.org
(516) 597-4937

Website: www.latcp.org

Let All The Children Play (LATCP) understands the need to promote inclusion through - sports and recreational play in our communities. We have developed meaningful programs especially designed for children and young adults, with or without disabilities, which will inspire truly inclusive environments.

The LATCP programs will be held at our **Universally Accessible Playground at Eisenhower Park in East Meadow**. The playground is a child's classroom. Through play, children learn to negotiate, communicate and learn to trust themselves and others by interacting physically, emotionally, and socially with their peers. While we would never deny a child entrance into a classroom, we routinely deny children with disabilities entrance onto a playground, as a majority of traditional playgrounds are physically inaccessible. Ultimately, children with disabilities are denied access not only to their social circle but also to the vital benefits of play: physical development, cognitive growth, and social development.

Mission: Dedicated to improving the lives and dignity of ALL children by developing Universally Accessible parks, playgrounds, and programs that allow children with disabilities to play side-by-side with their able-bodied peers, creating a truly integrated environment where friendship and acceptance can flourish.

Vision: To foster enriching experiences between children with disabilities and their able-bodied peers through the development of accessible playgrounds and inclusive programs.

Resources: Recreational Sports and Play Programs to be held at the Universally Accessible Playground at Eisenhower Park in East Meadow, visit our website for more information.

Population: Ages 5-21+

Fee: Free

Life's WORC

1501 Franklin Ave
Garden City, NY
Website: www.lifesworc.org

Contact:

Florence Faga, LCSW
Linda Renyi, LMSW
516-741-9000 ext 470 and 271

Population: Ages 1- Adult with developmental delays.

Fee: Varies

RECREATION

Ages 16 and older

Meets one Saturday month, community based activities. Must be independent with ADL's, and able to conduct themselves in the community.

Meets at Garden City, Deer Park and East Rockaway.

MAKING CONNECTIONS

Ages 5 to 12 on the Autism Spectrum

Meets every other Saturday, year round. Activities include yoga, computer, swimming, arts and crafts. Site based program.

Meets at YMCA in Glen Cove and Bay Shore

TEEN ADVENTURE CLUB

Ages 13 to 19 Aspergers or high functioning Autism

Meets two Saturdays per month, small group, community based.

Meets at Garden City and Deer Park. Private pay

Long Island Blues Hockey

P.O. Box 344
Plainview, NY 11803
E-mail: longislandblues@optonline.net

Contact:

Laura Russo
(631) 255-3305

Hockey specifically designed for kids with developmental disabilities.

Resources: Hockey

Population: Children ages 5-17 & young adults 18 & up

Long Island Jr. Soccer

701-9 Koehler Avenue
Ronkonkoma, NY 11779
P: (631) 648-9020
Website: www.lijsoccer.com

Contact:

John Gzach, Executive Director
516-694-3567
Email: lijsl@ix.netcom.com

Resources: Recreational and travel soccer

Population: Children 5 & up, Nassau, Suffolk and Queens

Match Konnection: New Possibilities for Young Adults with Learning & Neurological Disabilities

5435 Fieldston Road
Riverdale, NY 10471
Website: www.matchkonnection.com

Contact :

Myrna Zinn
(718) 548-1933
E-mail: myrna@matchkonnection.com

Match Konnection is a not-for-profit organization created by parents of high functioning young adults who have LD, ADHD, Autism, & Asbergers. Through lectures, concerts, performances, and other cultural and social activities, all of which incorporate group participation and education, we hope to give out members the social and personal told to be productive and happy members of society at large.

Resources: Sponsoring events that young people would enjoy (concerts, actors, artists, musicians, & other social & cultural activities)

Population: young people in their 20's and 30's with LD, Autism, Asbergers and other neurological disabilities

Fee: \$10 Scholarship available

Middle Country Library

101 Eastwood Boulevard
Centereach, NY 11720

575 Middle Country Road
Seldon, NY 11784

Website: www.mcpl.lib.ny.us

Contact:

Sophia Serlis-McPhillips

(631) 585-9393

Email: Serlis-mcphillipsop@mcpl.lib.ny.us

This library serves as a community resource database for those with special needs.

Resources: Database

Population: All ages. Must be a Middle Country Library card holder.

Fee: No fee to use the database

Mid-Island Y Jewish Community Center

45 Mannelto Hill Rd.

Plainview, NY 11803

P: (516) 822-3535

Website: www.miyjcc.org

Resources: Summer camp, vocational training, teen teen groups & clubs

Population: Children ages 12-17 & young adults 18 & up

Fee: Varies

Contact:

Joanna Diamond

(516) 822-3535 ext. 332

email: jdiamond@miyjcc.org

You can meet new friends, relax with old friends, take a class, work out in our fitness center, swim in our pool, play basketball in our gym and much, much more! There is something for everyone and everyone is welcome at the JCC!

We offer a wide variety of social, cultural, recreational and educational activities for people of all ages. At the JCC, we are committed to enriching the lives of our members and the community. Programs include Aspire Camp, which is an integrated summer camp, Summer socialization classes, and half day summer camp, which meets on Mondays and Fridays.

Nassau Community College

Lifelong Learning

One Education Dr.

Garden City, NY 11530

Website: www.ncc.edu/continuingeducation

Contact:

Elizabeth Hawley, Associate Dean

(516) 572-7472

E-mail: continuingeducation@ncc.edu

Resources: More than 300 courses are offered including special programs for living, High School Equivalency preparation, CLEP and DSST exams, language skills, dance, sports, recreation & entertainment, etc.

Population: Young Adults 17 & up

Fee: Varies by course

Nassau County Police Activity League (PAL)

Special Needs Unit

510 Parkside Blvd

Contact:

P. (516) 809-7617

Massapequa, NY
<http://specialneedsPAL.org/>

F. (516) 579-0939
E. jcardonancpal@gmail.com

NCPAL-Special Needs Unity is a not-for-profit organization whose mission is to prevent juvenile delinquency and aid in development of good citizenship through positive interaction of youths and police officers. Programs include baseball, basketball, computers, dance, bowling, equestrian, golf, flag football, karate, fitness, track, unicycling, yoga, and zumba

Resources: Sports and activities for special needs youth
Population: Children ages 5-21
Fee: Varies

New York Institute of Technology, Vocational Independence Program

300 Carleton Avenue
Central Islip, NY 11722
Website: www.nyit.edu/vip

Contact:
Kelly Imperial
(631) 348-3139
Email: [kimperia@nyit.edu](mailto:kimperla@nyit.edu)

New York Institute of Technology, Vocational Independence Program's mission is to maximize the potential of individuals with learning differences by teaching skills & strategies & providing support necessary for successful independent lives. Financial Aid is now available for VIP.

Population: Young Adults 18 and older with intellectual and developmental disabilities
Fee: Application fee \$50

Introduction to Independence

7-week summer program work-study-recreation program for students ages 16 and up. It consists of high school students as well as those enrolled in post-secondary programs (such as the Vocational Independence Program) who have moderate to severe learning differences. High school students in the program are introduced to a college campus and the responsibilities and rewards of living away from home. For the post-secondary students, the program reinforces their classroom education and offers them an expanded social and vocational experience.

Population: Ages 16-22
Fee: \$9,500 per summer. Application fee is \$25

North Shore Child Guidance Program

480 Old Westbury Rd.
Roslyn Heights, NY 11577
P: (516) 626-1971
E-mail: bcaufstein@northshorechildguidance.org
Website: www.northshorechildguidance.org/programs.html

North Shore Child & Family Guidance Center is the pre-eminent not-for-profit children's mental health agency on Long Island. Dedicated to strengthening the emotional well being of children & families, the Guidance Center leads the way in diagnosis, treatment, prevention, training, parent education & advocacy.

Wilderness Program: The program allows adolescent who are receiving therapy or treatment to engage in wilderness activities like Hiking. The weekend program takes place during 30 full and half day hikes at local parks and upstate trails. The program presents participants with several challenges that they can successfully meet. The goal of the group is to teach confidence and strength to use in every day life challenges.

Family Advocate Program: Support is provided to the families of high risk, seriously emotionally disturbed children and youth by Family Advocates (parents of youth with social, emotional and/or behavioral disorders who have firsthand experience with the issues facing parents trying to negotiate the various child-serving systems) on Tuesday nights. Weekly parent support groups are provided as well as child groups at the same time. This program offers social skills and activity groups and is led by an advocate.

Population: Children ages 11-24 with severe social, emotional and behavior disorders and their families are eligible to participate. The child must meet criteria for SED with a GAF of 50 or less and have a DSM-IV Diagnosis
Fee: Fee varies

Pal-O-Mine Equestrian, Inc.

829 Old Nichols Rd.
Islandia, NY 11749
Website: www.pal-o-mine.org

Contact:

Lisa A. Gatti
(631) 348-1389
E-mail: info@pal-o-mine.org

Pal-O-Mine Equestrian is a non-profit 501(c) (3) therapeutic horseback-riding program. Pal-O-Mine's mission is to provide a comprehensive therapeutic equine program using horses to facilitate growth, learning and healing. For someone who can't walk, see, communicate or succeed at the simplest tasks, riding a horse allows them to experience a new sense of freedom; they are transported to where dreams come true and spirits soar.

Resources: Ongoing equine therapy

Population: Children and adults with disabilities, those who have been abused or neglected, the military and the economically compromised

Fee: Varies depending on program and individual. Sliding scale fee available.

The Rebecca Center for Music Therapy at Molloy College

1000 Hempstead Avenue
Rockville Centre, NY 11570
www.therebeccacenter.org

Contact:

John Carpente
516-678-5000 ext. 6643
jcarpente@molloy.edu

The Rebecca Center for Music Therapy, founded by certified music therapist John Carpente, is a nonprofit organization providing music therapy services for people with special needs throughout New York and Long Island. We are dedicated to the health, well-being and discovery of the unique potentials of children, adolescents and adults of all functioning levels through the use of music therapy. We provide onsite and outreach clinical services, and promote the practice of music therapy through lectures, workshops, and clinical presentations. In addition, we are a training facility for music therapy interns and field work students, and provide continuing education for professional music therapists.

Resource: Music Therapy Program

Population: Children and young adults with developmental challenges

Fee: Please call The Rebecca Center to inquire about tuition

Resources for Children with Special Needs, Inc.

116 E. 16th St. 5th Floor
New York, NY 10003
Website: www.resourcesnyc.org/

Contact:

Resource Line
(212) 677-4660
info@resourcesnyc.org

Shares knowledge & support to empower parents & other New Yorkers who care about young people with disabilities. Founded in 1983, Resources for Children with Special Needs has grown to be the premier source of knowledge & help with systems, programs & services affecting young people with disabilities in New York City.

Resources: Information for families & professionals, training workshops in both Spanish & English for families, professionals, & community organizations, community events (annual Camp Fair), consultation & training services, etc.

Population: ages birth-26, all disability types

Fee: Varies

Search Beyond Adventures

P.O. Box 18
Brimfield MA 01010
P: 1-800-800-9979 travel@searchbeyond.com
Website: www.searchbeyond.com

Founded in 1979, *Search Beyond Adventures* provides all-inclusive escorted vacations for travelers with disabilities and special needs, ages 17 and up. Most of our travelers have developmental disabilities, although some participants may have only a physical disability (e.g. muscular dystrophy, multiple sclerosis, traumatic brain injury, etc), or may have both a physical and developmental disability. Many of our tours can accommodate wheelchair users. NYC area meeting points on many tours.

Resources: All-inclusive escorted vacations

Population: Young adults ages 17 & up.

Fee: Prices vary from \$895-\$2995, depending on trip. For more detailed information on specific trip prices go to

SHINE (Special Horses Instructing Noble Equestrians)

Nassau County

499 Winding Road
Old Bethpage, NY 11804

Contact:

Barbara Kruger, Program Director

516-551-1491

barbara@myshineprogram.com

Suffolk County

Stable Mates Equestrian Center
1239 Old Nichols Road
Islandia, NY 11749

Population: 3 years old to 103 years old

Fees: \$250 for 7 thirty minute group lessons

\$225 for 5 thirty minute private lessons.

Resources: SHINE is a therapeutic riding program for individuals with disabilities such as Autism, Down Syndrome, Learning Disabilities, Hearing and Vision Impairments, Low Muscle Tone, Sensory Integration and Anxiety Disorder. It is the bond that forms between rider and horse that allows the individual to grow, and we nurture that growth through various therapeutic equine activities. Individual and group lessons available.

Sid Jacobsen Jewish Community Center

Jack Nadel Social Services Center
300 Forest Dr.
East Hills, NY 11518
P: (516) 484-1545
Website: www.sjcc.org

Contacts:

Michelle Laser, LCSW

Program Director of Special Needs

P: (516) 484-1545, ext. 200

Email: mlaser@sjcc.org

Karen Yorio, Special needs Social worker

P: (516) 484-1545, ext. 215

Email: kyorio@sjcc.org

Pam Zimmer, MSCD

Director of Camp Kehilla

P 516-484-1545 ext. 148

Email: pzimmer@sjcc.org

YEAR ROUND PROGRAMS

For over 30 years, Sid Jacobson Jewish Community Center has been a respected provider of programs for children, youth, teens and young adults with special needs. Programs include Social/Recreational Programs; OPWDD Respite programs; Health & Wellness Programs; Pre-Vocational/Vocational Programs; and Camps.

CAMP KEHILLA DAY CAMP

www.sjccamps.org/campBMW/daycamp.html

Description: Camp Kehilla provides an emotionally safe environment for children with special needs who are not able to meet the socialization demands of typical local day camps. Professionally staffed, with high camper to staff ratios, we offer structured activities such as adaptive sports, drama, science, yoga, sensory integration and much more! Camp Kehilla's goal is to provide an exciting and positive summer experience, while maintaining gains made by each child as a result of his/her regular education.

Population: Ages 5-21

Director of Camp Kehilla: Pamela Zimmer, M.S. Ed

P: (516) 484-1545, ext. 148
Email: Pzimmer@sjjcc.org

KEHILLA PRE-VOCATION & VOCATION EXPERIENCE

www.sjjccamps.org/campBMW/daycamp.html

Description: The Kehilla Pre-Vocation and Vocation Experience gives campers with special needs who have aged out of existing camp programs the opportunity to continue to grow with the JCC. Campers learn needed job skills, and are placed in internships within community job sites with coaches. They also participate in fun camp activities and special trips!

Population: Ages 15-21

Director: Karen Yorio
Special Needs Social Worker
P: (516) 484-1545, ext. 215
Email: kyorio@sjjcc.org

ALL KEHILLA CAMPS ARE LOCATED AT:

Henry Kaufman Campgrounds
75 Colonial Spring Road
Wheatley Heights, NY 11798
P: (631) 643-9696

ROUND LAKE SLEEP-AWAY CAMP

www.NJYcamps.org/

Description: Round Lake is a unique sleep away camp experience with over 25 years of experience serving children and teens with special needs. Round Lake's program of therapeutic recreation is designed so that every activity – recreational, social and educational is planned to meet the capabilities of each child.

Population: Ages: 7-18

Director: Lisa Tobin
P: (973) 575-3333, ext. 145

SoLuna Studio

659 Old Willets Path
Hauppauge, NY 11788
Website: www.solunastudiony.com

Contact:
Megan Rabba
P: (631) 761-6602
Email: Solunastudiony@gmail.com

Founded in 2011, SoLuna Studio is a performing arts studio which offers a variety of acting, dance & musical theater workshops for all ages, as well as a full professional theater season. SoLuna Studio offers two Summer Camp programs, including a production of Disney's newest Broadway sensation, Aladdin JR! Join us for 6 weeks of fun while students work on stage skills, improvisation exercises, acting techniques, dance & music, & prepare their performance!

Population: Children, teens, and adults. 10-20 students per program

Fee: Varies by program. Please call for details

Southampton Fresh Air Home (SFAH)

36 Barkers Island Road
Southampton, NY 11968
Website: www.sfah.org

Contact:
David Billingham
(631) 283-1594
email: Dbillingham@sfah.org

The Southampton Fresh Air Home (SFAH) is one of the few residential camp facilities in the eastern United States that accommodates severely as well as mildly & moderately physically challenged children. SFAH provides an

environment in which campers play, socialize, mature & develop physically, emotionally & psychologically. With its unique atmosphere & varied programs, SFAH encourages self-confidence & new skills & attitudes, to enable its campers to live more rewarding lives. During their time at SFAH, they will develop a sense of community, a sense of belonging, & a sense of equality.

Resources: Sleep away camp for physically damaged children, June 29 to August 23

Population: Physically challenged children and teens ages 8–18

Fee: Scholarships available

Special Olympics – NY/LI Region

560 Broadhollow Road, Ste 106

Melville, NY 11747

Website: www.specialolympicsny.org

Contact:

Diana Colonna, Regional Director

Tim Flynn, Program Director

(631) 254-1465 ext. 206 & 202

Special Olympics NY Long Island's mission is to provide year-round sports training & athletic competition of Olympic style sports for children & adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy, & participate in the sharing of gifts, skills, & friendship with their families, other Special Olympics athletes, & the community. Its goal is to help bring all persons with intellectual disabilities into larger society under conditions whereby they are accepted, respected & given the chance to become useful & productive citizens.

Resources: 21 Olympic-type sports

Population: Children age eight and up

Eligibility: Individuals 6 & older, who have been identified by an agency or professional as having an intellectual disability; or have a cognitive delay as determined by standardized measure; or have significant learning or vocational problems due to a cognitive delay which require or have required specially-designed instruction.

Fee: No fee

Young Athletes

Population: Ages 2-7

Eligibility: Individuals who have been identified by an agency or professional as having an intellectual disability; or have a cognitive delay as determined by standardized measure; or have significant learning or vocational problems due to a cognitive delay which require or have required specially-designed instruction.

Fee: No fee

Sprout

270 West 96th Street

New York, NY 10025

Website: www.gosprout.org

Contact:

Andy Lee, Program Director

(212) 222-9575

E-mail: andy@gosprout.org

Founded in 1979, Sprout is an exciting & innovative organization that serves over 1800 people with special needs each year. Sprout is a private, non-profit organization dedicated to helping individuals with developmental disabilities & mental retardation grow through challenging & safe travel experiences. Based in New York City, Sprout's programs are available to people with intellectual disabilities/DD & the agencies that serve them throughout the United States.

Resources: Vacation programs, Custom Design Trips, NYC Programs, Make-a-Movie Program, Film Festival, touring film festival

Population: Young adults 21 & up. For vacation programs participants must be at least 21 years of age.

Fee: Varies

St. Rose of Lima Parish

2 Bayview Ave.

Massapequa, NY 11758

E-mail: michelez@stroseoflimaparish.org

Contact:

Michelle Zuccaro

(516) 798-4992 Rectory

St. Rose of Lima Parish offers a Catholic mass for people with special needs. Held on the 2nd Saturday of every month at 4pm in the parish auditorium.

For a complete schedule of dates & times please call the rectory phone number above.

Resources: Special Needs mass

Population: all are welcome

Fee: free

Stage Right Studios

North Bellmore, NY 11710

www.stagerightstudiosli.vpweb.com

Contact:

Mara Kaplan

David Kaplan

(516) 647-0229

Stage Right Studios provides an introduction to musical theater for individuals with special needs. Classes are geared towards with special needs focusing on increasing socialization, boosting self- confidence and improving performance skills. There are up to two performances a year which include a winter recital and a spring musical, classes and workshops can be scheduled as needed.

David Kaplan (NYS certified Teacher of Students with Disabilities) is currently employed by the New York City Department of Education. Mara Kaplan (NYS licensed Speech Pathologist) is employed by the Bellmore-Merrick CHSD. They are an integral part of the Long Island Theatre community and have both lent their talents to the PREP for the Future program at Calhoun High School, participating in such activities as "Express Yourself" and the PREP performance of "The Wizard of Oz". They collectively have over 50 years of directing, producing, and performing experience in theatre arts as well.

Audition Prep:

Individuals or group sessions are held to help students prepare for auditions for school musicals. Call for appointment times and rates.

Musical Theater Workshops:

One and two hour workshops focusing on individual performance skills including: audition prep, scene study, improvisation, monologue analysis, movement, voice, diction, accent reduction, and overall stage performance skills.

STRIDE (Sports & Therapeutic Recreation Instruction/Developmental Education)

476 North Greenbush Road

Suite 9

Rensselaire, NY 12144

Website: www.stride.org

Contact:

Mark Moran

(516) 598-1279

E-mail: info@stride.org

STRIDE was founded in 1986, it is a not-for-profit volunteer organization dedicated to enriching the lives of individuals with disabilities through sport & recreational opportunities. STRIDE's primary efforts focus on directing & providing enriching, recreational opportunities for individuals with disabilities or other special needs.

Resources: Adaptive sports, golf, swimming, bowling, camping, & learn to ride a bike camp. Dance, sailing, Project Stride
Fee: \$25 admission

Suffolk Y JCC

74 Hauppauge Road

Commack, NY 11725

631-462-9800

www.suffolkjcc.org

Contact :

Scott Zlochower

631-462-9800 ext. 126

email: bsheryll@syjcc.org

Resources: Providing after school socialization, vacation and camp programs for children with a variety of special needs. Also includes Snoezelen an innovative multi-sensory environment that offers a soothing and stimulant atmosphere for children and adult with autism, cerebral palsy and other developmental delays.

Population: Children and young adults up to 21 with Autism, ADHD, Down Syndrome, Learning Disabled, etc.

Fee: Adjustable fees available upon request, fees vary per program

Summit Camp & Travel

Winter Office:

322 Route 46 West, Suite 210

Parsippany, NJ 07054

Website: www.summitcamp.com

Contact:

E-mail: info@summitcamp.com

Winter Office +1-973-732-3230

Summer Office +1-570-253-4381

Eugene Bell, Senior Director

Debs Hugill, Head, Counselor & Program Director

Leah Love, Assistant Director

Summer Office:

168 Duck Harbor Road,

Honesdale, PA 18431

Summit Camp & Travel's program is structured so that the campers receive regular instruction in the widest possible variety of recreational skills, & are able to judge & appreciate their own progress. At the same time, this program is flexible so that each child can pursue areas of individual interest. Through individual guidance & the maintenance of realistic & consistent expectations, every opportunity for self-understanding, social development, the creation of friendships, & for the improvement of interpersonal living skills is tenderly nurtured at Summit Camp & Travel.

Resources: Summer camp & respite program

Population: Children and teens ages 8-19 for camp & young adults 15-19 for traveling

Theresa Academy of the Performing Arts.

250 Lido Blvd

Lido Beach, NY 11561

Website: www.tapaNY.org

Contact:

Lindsay Rogan, assistant director

(516) 432-0200

Email: Lindsay@tapany.org

Our Mission: "To provide children with differing abilities and their siblings with quality extracurricular classes in the performing arts."

The Theresa Academy of the Performing Arts (TAPA) believes that every child has strengths that can be used as a springboard to learn new skills which can enhance each child's personal sense of accomplishment.

The primary goal of our classes is for the children to experience the joy of dance, drama, art and music. There are many other benefits to the children who participate including, improvement in coordination, overall fitness, focus, listening, balance, self-esteem, self-expression, rhythm and musicality.

Resources:

After school recreation classes, Saturday morning respite and a Summer camp.

Town of Hempstead ANCHOR Program (Answering the Needs of Citizens with Handicaps through Organized Recreation) Wait list currently full

630 Lido Blvd.

Lido Beach, NY 11561

Website: www.TOH.LI or www.campanchor.com

Contact:

Joe Lentini

E-mail: jlentini@tohmail.org

Mary Ann Hanson

E-mail: mhanson@tohmail.org

(516) 431-6946

Resources: Summer programs, sports, fitness programs, & drama

Population: Children & adults with a wide range of disabilities. Ages 5 and up. MUST BE A TOWN OF HEMPSTEAD

RESIDENT

Fee: No fee

Town of Hempstead Parks & Recreation

200 North Franklin Street.
Hempstead, NY 11550
Website: www.to.li

Contact: Barbara Simms
P: (516) 292-9000 ext. 7244
barbsim@tohmail.org

Resources: Activities for all seasons include sports leagues, concerts, fitness classes, art classes, dance classes, bridge lessons and teams and lacrosse academy. All activities are held in Town Of Hempstead Parks

Population: All ages served.

Fee: Varies

Yoga Rocks!

Yoga Rocks! Kids
Multiple Locations on Long Island
We travel to you.
Email: yogarocks1@gmail.com
Website: www.yogarocks.com

Yoga Rocks! Teachers set out to make our students feel like they are the most important people in the world, because to us, they are. We accomplish this by delivering an exceptional Yoga Rocks! experience, going the extra mile, and doing whatever it takes to go above and beyond our students' expectations. We teach classes and workshops at your location! Yoga Rocks! & Yoga Rocks! Kids are inspirational and educational yoga programs for kids and families of all ages and abilities. Services include: Prenatal, Baby Yoga, Kids Yoga and Family Yoga.

Resources: Yoga Rocks! Kids and Yoga Rocks! Tweens.

Population: infants, toddlers, preschoolers, kids, teens

Fee: \$10 per child

ZUMBA

Suffolk Independent Living Organization
2111 Lakeland Ave.
Rohkonkoma, NY 11779

Contact:
Judy Saunders
631-455-2264
j.m.saunders@hotmail.com.

This is a specially designed program to bring the exciting Zumba experience to the special needs adolescent and young adult population. It's a fun, success oriented program that combines rhythm and dance in a supportive, encouraging environment. Classes are held every Tuesday from 4-5pm

Population: adolescent/ young adults with special needs

Fee: \$10 a class, wheelchair accessible

Additional Recreation Resources:

OPWDD (Office of People with Developmental Disabilities)

415 Oser Ave.
Hauppauge, NY 11788
P: (631) 434-6100
Website: <http://www.omr.state.ny.us>

Resources: Family Support Services Grant Programs

Population: Children & teens ages 6-17 & young adults 18 & up

Cure of Ars Youth Group

Cure of Ars Church
2323 Merrick Avenue
Merrick, NY 11566

Contact:
Mary Dennis, Youth Minister
516-623-1400 ext. 114
mdennis@cureofarschurch.net

Resources: Catholic religious youth group serving the Merrick are and surrounding communities.
Population: Teens between the ages 14 & 18

Curé of Ars Church has Vacation Bible School – date yet to be determined. Open to all those children in grade 1-3. Registration information will be available the end of May. Curé of Ars Church also has a High School Youth Group that meets on Sunday nights throughout the year from 6:00-8:00 pm in the Youth Center. For any additional information on either of these programs please contact Mary Dennis the Youth Minister. 516-623-1400 ext. 114

On the Internet:

MySummerCamps.com

Special Needs Camps & Special Needs Summer Camps

http://www.mysummercamps.com/camps/Special_Needs_Camps/

CampResource.com

Online summer camp directory

<http://www.campresource.com/summer-camps/special-needs-camps.cfm>

Kidscamps.com

<http://www.kidscamps.com/>

VerySpecialCamps.com

Online camp directory for individuals with one or more of a wide range of special needs

<http://www.veryspecialcamps.com/>

Websites for sleep away travel camps:

www.petersons.com

Looking for information about camps & camping for individuals with disabilities?

Google these sites:

2014 Summer Camps for Children Who are Deaf or Hard of Hearing
American Camping Association (ACA)
Camp Channel
Camps & Conferences Homepage
Camps for Children with Diabetes
Children's Oncology Camping Association (COCA) International

Directory of Summer Camps for Children with Disabilities 2014
Epilepsy USA Camp Round-Up
GoCamps.com
Kid's Camps "Special Needs Camps"
Summer Camps for Children with Physical Disabilities
Summer Camps for Kids
Therapy/Respite Camps for Kids